



*And he went throughout
Galilee, proclaiming
the message...*

MARK 1:39, NRSV

First United Methodist Church
516 Kellogg Ave.
Ames, Iowa 50010
515-232-2750
www.fumcomes.org
8:30 & 11:00 - February 4, 2018

THE GATHERING

Centering Words:

Gathered together, we are the brokenhearted and the joyful, the weak and the strong, the fearful and the brave, the young and the old. God has gathered us here to worship and touch God's healing love.

--- Mary Scifres, Words for Worship.

OPENING VOLUNTARIES

"I Love You, Lord/I Exalt Thee"

arr. L. Bergquist

"Holy, Holy, Holy"

arr. L. Bergquist

As this music is offered as prayer, let us be sensitive to the Holy Spirit who prepares and opens us to connect with God in Christ today.

GREETING, SHARING NEWS OF THE CHURCH ALIVE

Welcome, members, friends & visitors—please fill in the ritual of friendship pad, pass it to your neighbor, and then return it to its starting place. If you are new and would like more information, please indicate on the friendship pad and also stop by the Welcome Center.

PASSING OF THE PEACE OF CHRIST

CALL TO WORSHIP

Do you know? Have you heard?

Our God is from everlasting to everlasting.

Come to know. Come to hear.

Our God gives powers to the weak.

Are you tired? Are you faint?

Our God renews our strength.

Come, lift up your weary arms.

We will rise up like eagles on the wings of God!

HYMN

No. 57

"O For A Thousand Tongues To Sing"

OPENING PRAYER

Holy God,

Open our senses to the fragrance of Christ.

Open our minds to the teaching of Jesus.

Open our hearts to the love of God.

Open our actions to the movement of the Spirit.

Open us, Divine Healer, to the works of

**reconciliation and the promise of salvation
into which we are called. Amen.**

A TIME WITH OUR CHILDREN

ANTHEM

"Blessed Assurance"

Mark Hayes

THE GOSPEL

Mark 1:29-39

WITNESS TO THE WORD

"Now You See Him..."

Rev. Fred Lewis

THE INVITATION

HYMN

No. 474

"Precious Lord, Take My Hand"

CONFESSION, ASSURANCE AND PARDON

The Lord be with you.

And also with you.

Let us pray:

God, we confess we are bound to our egos, and imprisoned in harmful patterns of living and relating to others.

You call us to listen, and to connect with others, yet we are consumed with doing things we like to do them.

We ignore, we judge, and we push away that which is unfamiliar to us.

Help us to consider the needs of others, just as Christ became all things

To all people, we are called to meet others where they are, not just where we want them to be.

May we have confidence in the gospel, so that we may share its blessings.

---Time of silence for prayers----

Jesus was a friend to the stranger, weak, and outcast. He gathered friends

Together at a table and invited new guests to the banquet.

He healed whoever asked it of him, and wept for the prisoners who shared his fate on the cross.

Friends, hear the good news of the gospel:

In Jesus Christ, you are accepted. You are forgiven, loved, and free.

Amen and amen!

OFFERING OUR TITHES AND GIFTS

OFFERTORY

"Hungry, I Come"

Craig Curry

PRAYER OF GREAT THANKSGIVING

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The pastor gives thanks, remembering God's acts of salvation, and concludes:

And so, with your people on earth and all the company of heaven,
We praise your name and join their unending hymn:
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The pastor continues and the institution of the Lord's Supper is recalled. The pastor concludes:

And so, in remembrance of these your mighty acts in Jesus Christ,
We offer ourselves in praise and thanksgiving as a holy and living sacrifice,
in union with Christ's offering for us, as we proclaim the mystery of faith.
Christ has died. Christ is risen. Christ will come again.

The pastor invokes the present work of the Holy Spirit and concludes:

All honor and glory is yours, Almighty God, now and forever.
Amen!

THE LORD'S PRAYER

BREAKING THE BREAD

The UMC observes an open communion table. All, of every age, are welcomed here. Serving today is by Kneeling. Ushers will guide you forward beginning in the center back of the sanctuary. If anyone wishes, for any reason, to be served in the pew, please inform an usher.

GIVING THE BREAD AND CUP

PRAYER AFTER COMMUNION

DISMISSAL WITH BLESSING

HYMN

No. 431

"Let There Be Peace on Earth"

CLOSING VOLUNTARY "I've Got Peace Like a River" Mark Hayes

Let us be aware this musical offering is a statement of faith to send us from worship into service. Please be respectful of those who choose to remain to listen.

LEAVING FOR SERVICE

WELCOME VISITORS

The Welcoming and Marketing Committee at First United Methodist Church would like to thank you for visiting our church. We take pride in our beautiful church and hope you had a pleasant and welcoming experience. Please stop by the Welcome Center located behind the sanctuary and to the left of the open stairway before or after service on Sunday morning. We hope you will join us again! If you are interested in more information about the church or are interested in joining, please leave your information at the Welcome Center, contact one of the pastors or call the church office at 515-232-2750.

Circle of Faith will be hosting our very own, Carrie Copley, at our February 8th meeting at 7 p.m. at FUMC. We invite the congregation, our Brothers & Sisters in Christ, to please join us as Carrie shares her heart and soul about how she came about writing her book. Carrie believes that joy is a gift from God. A gift that all too often, we don't open. Carrie recently published, *Finding Joy, Living an A+ Life in a C- World*, A story about overcoming struggles and creating a life you love. Carrie will share her journey on how God has helped her discover joy in her own life and the lives of others through her coaching practice. Carrie's message is engaging and insightful and it may just challenge you on what is possible in your own life.



The three worship services we will share this Lenten season with UCC and FCC.

Ash Weds 2/14 @ 7p

At: Ames UCC

Preach: First Christian

Communion: First UMC

Maundy Thursday 3/29 @ 7pm

At: First UMC

Preach: Ames UCC

Communion: First Christian

Easter Sunrise 4/1 @ 630a (dawn) with service at 7 a.m.

At: Reiman Gardens in the Nature Conservatory

Preach: First UMC

Communion: Ames UCC

**IN CHRIST'S FOOTSTEPS....
THIS YEAR'S LENTEN LUNCHESES**

Lenten lunches will be held on these **FIVE** Wednesdays at noon: February 21, 28, March 7, 21 and 28. We will not meet on the Wednesday of Spring break week. Each week you are invited to bring a sack lunch to the Multi-Purpose Room. Drinks will be provided. We will enjoy our lunch at noon, share in a brief devotional moment at about 12:15p.m. and then hear from persons working in our community who are seeming to model what it means to walk in Christ's footsteps to help others overcome adversity and woes. Come and meet some of our city's "unsung heroes" among us. February 21, the speaker will be Carrie Moser from the Emergency Residence Project. February 28, our speakers will be Heather Withers and Diane Birt who help to coordinate AIRA of which our congregation is a part. March 7, the speaker will be Fredrick Killian telling us about his interest and work with prison ministry and caring for persons who are transitioning from prison back into society. March 21, we will hear from Jeanne Kresse who will speak about all the various programs of the United Way. Hopefully on March 28, our last lunch will feature Julie Saxton who serves as the Mental health Advocate for the City of Ames .

**AMES TOWN & GOWN CHAMBER MUSIC ASSOCIATION CONCERT
TO BE HELD AT FUMC!**

The Dover String Quartet will be in concert here on Friday, February 9 at 7:30 p.m. This quartet is an award-winning internationally acclaimed group of highly talented and skilled musicians. There will be a financial cost of \$30/ticket to this event. Students K-12 are free. ISU students with an ID can enter for free if room permits. You can find more information at www.amestownandgown.org.



I have registered us for ASP for 2018. We are scheduled for week 7 which is July 23rd through July 27th.

We will have an organizational meeting for ASP on Sunday night February 11th from 5:30-6:00 pm in the High School room. We will discuss fund raising and answer questions about the trip.

We will give an overview of the weeks activities and answer any questions that you may have as well as discuss fund raising ideas.

Our trip is Week 7 - and we would leave Saturday July 21, 2018 and return Sunday July 29th 2018.

We won't know which center we will go to for awhile.

Please let others know that may be interested.

See you then! Van Pelts

Youth Led Worship Weekend

February 10th and 11th will be our Youth Led Worship Weekend services. The senior students have been meeting and working hard to make this a special weekend for us!



CELEBRATING BOY SCOUT "SUNDAY" ON FEBRUARY 10 and 11

Our annual recognition of the ministry of Boy Scouts will be held here at all three services on the weekend of February 10 & 11. Boys and leaders in scouts are encouraged to wear their uniforms. Members of our church-sponsored Scout Troop will be involved in helping with worship and coffee hour refreshments on Sunday morning.

Boy Scout Sunday

This year we will be awarding two special scouting church honors. One award is called The Good Samaritan. It is given to recognize a youth who demonstrates the attributes of the Good Samaritan as described in Luke 10: 25-37. It recognizes ministry to others through outreach, humanitarian assistance, or advocacy. The other award is called The Cross and Flame award. That award recognizes adults who have given exceptional service to programs for young people.

UNITED METHODIST MEN'S VALENTINE'S BANQUET

Sunday, February 11, 2018

Social Time with Entertainment: 5:30
Entertainment - Vocalist: Sandy Clark
Dinner: 6:30
\$15.00 per person

Food, Door Prizes, Fellowship and Entertainment

Sign up in the church office or during coffee hour.

Tickets must be purchased by February 7th

The Week at a Glance
February 4 – February 10

Sunday, February 4
“Soup-er Bowl Sunday
8:30 & 11:00 Services, 9:45 Sunday
School

Monday, February 5

Tuesday, February 6
Quilters
Farm to Folk
3:30 Aktion Club
5:30-7:30 ARC Dance Club/E110
5:30 SPRC

Wednesday, February 7

10:00 Wonderful Wednesday Women
12:00 Worship Committee
4:30-6:30 ARC Nutritional Class/kitch
6:00 Meal
6:30 Regular Activities

Thursday, February 8

8:00 Kiwanis “Golden K” Board meeting
Kiwanis “Golden K” meeting
9:00 Ruth Cir
12:30 Sarah Cir
7:00 Circle of Faith

Friday, February 9

4:30-9:00 Town & Gown/Sanc & Par
7:30 Concert “The Dover Quartet”

Saturday, February 10

5:30 SAF - Youth Weekend

CR-Conference Room

FH-Fellowship Hall

LIB - Library

MPR-Multipurpose Room

EYR-East Youth Room

WYR-West Youth Room

SCR-Staff Conference Room

Par - Parlor

Kitch - Kitchen in FH

GREETERS

8:30
Becky Jordan
11:00
TBA

USHERS

8:30 & 11:00
UMW

ACOLYTES

8:30
Leo Sullivan
11:00
TBA

NURSERY

Meredith
Clove

Audio/Video/Streaming

Doug Hill	Pete Peterson
Dean Swyter	Fredrick Killian
Mike Evans	Calvin Evans
Marty Sankey	Larry Vallery
Zachery Smith	Bobby Gens
	Nicole Smith

Chancel Choir
ALWAYS welcomes
NEW members! Join Us!

INTERESTED IN JOINING First UMC
OR LEARNING MORE ABOUT THE CONGREGATION?

Join Pastor Fred on **February 18 at 10 a.m.** in the church parlor for a time of getting acquainted and conversations around church membership. If you are interested in becoming a member, you are invited to contact one of the pastors or Deb, church secretary, at 232-2750 for information. Church membership is a JOY! Join the group on February 19 or March 19.

WE WELCOME YOU!

Our Welcome Center is located in the gathering space near the elevator. Please stop by if you have questions or would like to get more information about the church. Be sure to mention if you are a first time visitor.

Nursery care is available in Room E203, in the Christian Education Unit, on Saturday nights and Sunday mornings for children under the age of 5. All of our workers are trained and screened. Items for children's worship bags are available in the gathering area.

Restrooms are located in the east hallways and by the elevator. Ushers are available at the entrances of the sanctuary to assist you with hearing devices, large print bulletins or any questions you may have. An emergency phone and defibrillator are located on the wall near the west entry.

First United Methodist Church Affirmation of Welcome

As a community of the people of God, we are called to minister to all people of the world, knowing that the world is often an unloving place of alienation and brokenness. Christ calls us to reconciliation and wholeness, as we are challenged by the Gospel to be agents of healing within our society.

We stand in affirmation with the apostle Paul that in Christ "there is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female." Christ has made us one. We acknowledge that this reconciliation encompasses all within the community of faith who exhibit any and all differences in the human condition including, but not limited to: race, gender, ethnicity, age, culture, physical and mental ability, educational level, economic status, personality, marital status, sexual orientation and gender identity in response to the often hostile social climate with respect to diversity within our society and the resulting feelings of alienation from the Church, we wish to make known our caring and concern. It is for this purpose that we affirm the following:

- all persons share the sacred worth that comes from being unique individuals created by God;
- all persons are welcome within the membership of this congregation upon making affirmation of faith; and that as members of this congregation, all persons are invited and encouraged to share in the sacramental and general life of this congregation.

CHURCH STAFF

Rev. Fred Lewis, Senior Minister/Lead Pastor

Rev. Cephias Davis, Associate Pastor

Nicole Smith, Director of Christian Education

Brooke Kruger, Youth Director

Deb Benefield, Director of Office & Communications

Reid Cummer, Business Manager

Myrna Cakerice, Organist/Director of Choirs

Steve Pelz, Facility Director

Matt Woodworth, Part-time/Sunday Custodian

Go to our website: www.fumcomes.org for the latest church information. Follow us on facebook.

Church office hours:
Mon-Thurs: 8:30 am to 5:00 pm.
Friday 8:30 to 4:30

To view church services live, go to <http://bit.ly/amesfirstumclivestream>.
To view past services and other church events, go to Ames First United Methodist Church's YouTube page at <http://bit.ly/amesfirstumcyoutube>.