SUNDAY SERVICES

First United Methodist Church
516 Kellogg Ave.
Ames, Iowa 50010
515-232-2750 www.fumcames.org
8:30 & 11:00
Sunday, September 27, 2015

OUR MISSION STATEMENT:
“A vital church connecting people with God
and with each other
...driven to serve!”

THE GATHERING
This week in our prayers for the world let us remember especially
the people of Armenia, Azerbaijan, and Georgia

OPENING VOLUNTARIES
8:30 a.m.
“Holy, Holy, Holy” arr: Kevin McChesney
Chancel Bells: Janet Bakker, Susan Gant, Ellen Johnsen, Al Johnson,
Ida Johnson, Ginny LaVelle, Julie Mallas, Candy Nelsen, Arlen Patrick,
Carol Patrick, Dorothy Pimlot
11:00 a.m.
Our Great Savior arr: Don Hustad
More About Jesus arr: Albin C. Whitworth

As this music is offered as prayer, let us be sensitive to the Holy Spirit
who prepares and opens us to connect with God in Christ today.

GREETING, SHARING NEWS OF THE CHURCH ALIVE
Welcome, members, friends & visitors—please fill in the ritual of
friendship pad, pass it to your neighbor, and then return it to its starting
place. If you are new and would like more information, please indicate
on the friendship pad and also stop at the hospitality desk in the narthex
to pick up a Welcome packet.

PASSING OF THE PEACE OF CHRIST

A WITNESS REGARDING “L²IFE’ - Cami McColley

CALL TO WORSHIP
Come, let us go up to God’s mountain.
It is a place of joy for the whole world!
God’s mountain is a place of safety and security.
It is a place of joy for the whole world!
On God’s mountain we renew our strength,
ready to serve God another day.
It is a place of joy for the whole world!
Come, let us go up to God’s mountain.
Come, let us worship God!
OPENING PRAYER
Creator God,
you have promised to create a new heaven and a new earth.
You have promised to forget the past
and to offer a new and bright tomorrow.
May we embrace it—both the blessing and the challenge.
May we find, in all aspects of life, the beauty of your
presence,
and may we find ourselves empowered
to proclaim your glory and truth to all creation. Amen.

A TIME WITH OUR CHILDREN

ANTHEM
8:30 a.m.
“Praise to the Lord, the Almighty” arr: Kevin McChesney
Chancel Bells/Chancel Choir Acc: Carol Deppe
11:00 a.m.
“I Want to Walk as a Child of the Light” Kathleen Thomerson
Solo: Roy Cakerice

OLD TESTAMENT LESSON
The Psalter Psalm 48 - pages 782-783 (without sung response)

HYMN
No. 2029 “Praise to the Lord”

NEW TESTAMENT LESSON
James 5: 13-20

HYMN
No. 463 “Lord, Speak to Me”

THE GOSPEL
Mark 9:38-50

WITNESS TO THE WORD
“To Trip and Fall…Into Life” Rev. Fred Lewis

A MOMENT OF QUIET REFLECTION & PERSONAL COMMITMENT

PRAYERS OF THE PEOPLE

THE LORD’S PRAYER

OFFERING OF OUR TITHES AND GIFTS

OFFERTORY “Praise the Lord” Cesar Franck

OFFERTORY RESPONSE
No. 95 “Praise God, from Whom All Blessings Flow”
PRAYER OF DEDICATION
We come to your mountain, loving God, bringing our gifts. We offer ourselves as servants of all your creation—voices to challenge, injustice and destruction, hands to hold one another up, feet to walk and stand with any who feel they have no hope. Use us, and our gifts, to do your will. Amen.

DISMISSAL WITH BLESSING

HYMN
No. 396  “O Jesus, I Have Promised”

CLOSING VOLUNTARY  Allegro Maestoso  Felix Mendelssohn

Let us be aware this musical offering is a statement of faith to send us from worship into service. Please be respectful of those who choose to remain to listen.

LEAVING FOR SERVICE

The altar flowers today were given by Bob and Britt Blattert in memory of their son, Jon, to commemorate his 60th birthday.

*Serving from the Heart* is a 6 week small group study on discovering your spiritual gifts and talents for service to others by finding your S.T.R.I.D.E! Classes start Tuesday, October 6th at 6:30 in Room E110.

S - Spiritual Gifts
T - Talents
R - Resources
I - Individual styles
D - Dreams
E - Experiences

You might be thinking the following: "I'm not qualified to serve God." "I couldn't possibly have an impact." Or the most common thought, "That's the pastor's job!" God's plan for the church calls for each of us to serve in a way that allows us to be effective and to feel personally fulfilled! We are each unique but together, as the unified Body of Christ, we can accomplish God's work in the world! If you would like more information, please contact Rich or Cami McColley at 232-5301 or rcmc89@q.com. **Let's find our STRIDE together!**
SALSA FUNDRAISER:
It is time for the annual fundraiser. There are many flavors including Cilantro Blend, Peach, Pineapple, Rhubarb, and Corn and Bean. Great on chips or pair up with your favorite fish, chicken, or pork. 100% of sales go for mission work. I am supporting two organizations this year. Community Health Initiatives who I travel with each year to do medical work in Arcahaie, Haiti and The Fabricators. The Fabricators, from Gilbert, have the "Joy Project". Through the "Joy Project" every patient at McFarland Oncology, where I work, is given their own fleece blanket to keep them comfortable during their chemotherapy treatments. I will be set up in the basement after both services today, Sept 27. Thanks for your ongoing support. Terry Dewald

Blessing Of The Pets — Today!
In honor of St. Francis who loved all of God’s creatures, we will be having a “Blessing of the Pets” at 10:00 on the south side of the church. Please feel free to bring your pets to this short outdoor blessing.

If your child has a fear of animals, they may wait in the multi-purpose room. There will be teachers with them during the blessing time. They will be joined by their classmates following the blessing. We hope to see you and all your “furry friends” there! (In case of rain, please bring a photograph of your pet to share)

OCTOBER IS HEALTH AND WHOLENESS MONTH
This week of September 26 -October 3, let us remember the importance of our SOCIAL/INTERPERSONAL WELL-BEING. We were created by God to be social beings, living in community and instructed to help and love each other, make time to build and maintain social well-being through interaction, play and forgiveness. Take time to nurture your relationships with family, friends, co-workers, and other members in this congregation. (Shared by the Isaiah 40 Wellness Ministry Team)
AMES AREA CROP WALK 2015
Join with your family, friends and neighbors to share in the annual CROP Walk for missions on Sunday October 11, starting at the Maple Shelter in Brookside Park. Sign-in will be 1 p.m. and the WALK will begin at 1:30 p.m. Those participating should plan on an approximate 5k walk that will go through the ISU campus, north on Stange Road to 13th Street, and back through Brookside Park, ending at the Maple Shelter. Funds raised through the yearly event will help to find food ministries and programs through Church World Service as well as assist seven of our own local Ames good places such as Bethesda Food Pantry, Calvary UMC Food Pantry, Food-at-First, the Good Neighbor Emergency Assistance, Loaves and Fishes (in Gilbert and Story City), the MICA Food Pantry, and The Students Helping Our Peers (S.H.O.P.) at Iowa State University. Each year 25% of the funds raised help locally. If you are planning to be involved in the walk please contact Pastor Fred. 232-2750 or fred@fumcames.org.

COLLEGE BOUND… LIVING AWAY FROM HOME?
We want to keep our addresses updated on our church’s young adults! If your child/children are in college or away from home in a new setting, please send us their address so that the church can stay in contact with them. You can call the church office at 232-2750 and speak to Deb or email her deb@fumcames.org. Thank you!

INVITE SOMEONE “BACK TO CHURCH” IN OCTOBER
One of the biggest, boldest, and most audacious things we can do is to invite someone back to church or to attend church for the first time with us! On the first weekend of October, we will be celebrating World Communion Day. People do have spiritual needs and one of those needs is to worship God in the community of faith. Let’s continue to spread the news that being here at Ames First UMC is one of the best places to be on a Sunday morning!
Pizza, Praise, and Prayer
Our mid-week meal is on Wednesday evenings from 6-6:30 in the multipurpose room. We always have pizza, salad, fruit, and dessert with occasional "extras" such as sandwiches from Hickory Park, soups, pasta dishes, tacos, etc. We enjoy praise music throughout the meal and have a volunteer each week say the prayer before the meal. The meal is available to all ages!! Cost of the meal is free will donation. We hope to see you at our next “Pizza, Praise, and Prayer”.

Kids' Club for September 30
This week the Kids' Club kids will be having a Game Night and a discussion about “The Family Tree” Kids' Club meets in room E206 from 6:30-7:30pm on Wednesday nights. Contact Nicole if you have any questions. Nicole@fumcames.org

WHAT’S HAPPENING WITH YOUTH?

Confirmation Class: So far the class has talked about what is a Christian and what is a Church. They have learned about baptism and confirmation. They have shared about “who God is.” On September 23 they spent time talking about sin and grace. The topic of “who is Jesus” will be the focus on September 30. Classes are every Wednesday from 4:45 -6 p.m.

Middle School Youth: The topic for September 23 was “What Good am I”. On September 30 the youth will be learning about our local city’s animal shelter. The youth would like to invite YOU to bring any of the following items to the church from now through the afternoon of September 30. All items will be donated to the animal shelter:
- Purina Cat Chow
- Purina Pro Plan Kitten Food
- Non-Clumping Cat Litter
- Glade Plug-In Air Fresheners (Clean Linen Scent)

A container will be placed by the Middle school room to collect the donations.

Senior High Youth: On September 23 they heard from an ISU student about their faith journey and relationship with God. On September 30 they will be learning about the work that is done and provided at our area’s youth shelters through YSS. For that meeting, the youth would like YOU to bring to the church any time from now through the afternoon of September 30, any of these items that they will donate to the YSS Shelter:
- Undergarments, socks and t-shirts for boys, girls and teens
- And/or any fun youth-sized t-shirt
- A fun t-shirt for teens

A container will be placed by the High school room to collect the donations.
Wednesday Night Group For Adults!!!

Need a break mid-week? Work stressing you out by Wednesday? Join the mid-week adult group from 6:30-7:30 for an evening of fun, fellowship, and faith development. The group, led by Mike Evans, meets in the conference room for some fun activities, a chance to get to know and support one another, and take part in a study. Currently the group will watch the very interesting "Chuck Knows Church" series, focusing on a different topic of the historical things in the United Methodist Church. Stop by a little earlier at 6:00 for a meal with "Pizza, Praise, and Prayer."

COMING TO AMES: “At Home in the Heartland: How Iowans Got to be “Us”” exhibit will be at the Ames City Library on Monday, September 28. The exhibit is housed in a retrofitted bus. The Iowa that existed as little as 35 years ago is gone. Sweeping, long-term changes in the region’s agriculture, economy, technology, politics and its ethnic, age or other demographics have altered the ways we live. In the process we have lost old treasures even as we have gained new possibilities. All this can be examined together. Over the next 18 months, this exhibit will be seen in all 99 Iowa counties on three different tours, showing at diverse venues (schools, libraries, colleges, museums and other institutions) in 42 counties already in fall 2015.

While the overall tour focuses on Iowa history, while in each location the exhibit will attempt to feature local history, as shared by local participants and facilitated by project director, Michael Luick-Thrams, whose family has lived in Iowa since the 1830s. Forty years of research has yielded hundreds of photos, maps and other documentation that offers a narrative look into Iowa history. Dr. Luick-Thrams, is a Ph.D. historian (Humboldt University, Berlin), an educator and speaker. Docent Irving Kellman guides visitors through the BUS.

Luick-Thrams says, “This exhibit gathers, preserves and presents stories of people’s lives, past and present—many of which have lain beneath dust left by time’s passage. By learning lessons from the past, we might rise above what otherwise could demean us and keeps us from moving forward as individuals, families, communities and a nation.” Admission is free, in part with support from: Humanities Iowa, the John K. & Louise V. Hanson and the Martha-Ellen Tye Foundations, Chester P. Luick Memorial Trust, Vander Haags Inc. and local hosts. Details about both the tour and TRACES (the organization) can be found at: http://roots.traces.org/at-home-in-the-heartland or staff@TRACES.org
NOODLE TIME!
It is soon time to get the rolling pins out. No experience is necessary for this job! We could really use your help to make as many noodles as possible. The dates are Sept. 29\textsuperscript{th} & 30\textsuperscript{th}, Oct. 6\textsuperscript{th} & 7\textsuperscript{th}, and Oct. 13\textsuperscript{th} & 14\textsuperscript{th}. We roll out and cut the noodles in the main kitchen on Tuesdays, beginning about 7:30 a.m. and then bag the noodles beginning about 8:00 a.m. on Wednesdays. Hope to see you there!

Kitchen Corner
The “Kitchen Corner” will be taking donations of clean, good quality kitchen items for the Holiday Fair such as linens, dishes, tableware, glassware and aprons. Please mark your items for “Kitchen Corner” and deliver to the church by Wednesday, October 21 or Thursday, October 22. If you have questions, please call Margaret Torrie at 231-9111.

Quilters
The Quilters are excited this year to have several antique quilts available, in addition to a number of beautiful new handmade quilts. There will also be several painted wood quilt blocks. All antique and new fabric quilts will be available through silent auction. The wooden quilt blocks will be priced individually.

Grandma's Attic
If you are cleaning closets or downsizing, we would love your gently used items such as holiday decorations, antiques and collectibles. (No garage sale items please). Due to limited space, we can no longer accept candles, artificial flowers or Christmas ornaments. Items may be delivered to the church beginning October 21. If you have questions, please call Mary Mekemson at 451-3151.
Made with Love
Our “Made with Love” room will be showcased in the Conference Room near the south entrance and will include handmade and functional handmade items such as purses, scarves, table runners, aprons and some jewelry.

Holiday Fair Bake Shoppe
Calling all baking and candy making angels! Holiday Fair, “Angels Among Us”, is coming October 24th and the Bake Shoppe will be in need of contributions to satisfy all our shoppers. We’ll need all kinds of tasty treats including (but not limited to!) candies, cookies, cakes, dinner rolls, sweet rolls, Kringla, muffins, pies, brownies and bars. Look for the price list in the October newsletter and October 17/18 bulletin. Please call Carol Miller (515-233-5516) with any questions.

“ANGELS AMONG US!”
holiday fair
OCTOBER 24!
DON’T MISS THE FUN!

OCTOBER 3 & 4
SPECIAL OFFERING
IN GATHERING NEWS
You've probably heard the saying, “Give a person a fish and they will eat for a day. Teach a person to fish and they will eat for a lifetime.” United Methodist missions do both. They take care of the immediate needs of people who are suffering and they also teach income-producing skills that will help them out of poverty. The three kits featured below are used in classes where women learn to sew and knit. These skills allow them to provide clothing for their families and sell items on the market. The income made will feed their families and allow their children to go to school.

If you wish to donate a kit or kits, please put the completed kits in the mission closet across from the office.

**Sewing Kit (UMCOR)**
- 3 yd. cotton or cotton-blend fabric (one piece)
- 1 new spool matching thread (medium to large)
- 1 package of hand sewing needles
- 1 sewing scissors (Please note: Cheap craft scissors are not a good choice as they do not cut fabric well.
- 5-8 matching flat buttons (on card or fastened together)
Wrap sewing notions in fabric, Seal in zip-lock bag. (Value: $28 + $2 postage)

**Knitting Kit (INP)**
- 2 7-oz. skeins of yarn (acrylic worsted, solid color, same dye lot)
- 1 pair 10” knitting needles, size 8
- 1 crochet hook, size E
- 2 yarn needles, size 16
- 1 pair small scissors, size 4 or 5
Place needles in skein of yarn and place all supplies in appropriate size zip-lock bag. (Value:$15 + $2 postage)

**Tailoring Kit (INP)**
- 1 package hand sewing needles
- 1 card white flat buttons (at least 6, 1/2”)
- 1 package non-rusting straight pins
- 1 spool white thread (200 - 300 yards)
- 1 spool dark thread (200—300 yards)
- 1 tape measure with centimeters (5/8”x60”)
- 1 quality all-purpose/sewing scissors (8”)
Place in appropriate size zip-lock bag. (Value: $14 + $2 postage)
**The Week at a Glance**

**September 27 - October 3**

**Sunday September 27**
- 8:30 & 11:00 Service Time
- 10:00 Pet Blessing
- 7:00pm NA/Abraham Rm

**Monday, September 28**
- 4:30 PEO Group/MPR

**Tuesday, September 29**
- 7:30 Making Noodles/Kitchen
- 9:30 Staff/SCR
- 10:00 Quilters

**Wednesday, September 30**
- 8:00 Bagging Noodles/FH
- 10:00 WWW
- 4:45 Confirmation
- 6:30 Bells
- 7:30 Choir
- 7:00 AA/Alanon-Abraham/Isaac Rms

**Thursday, October 1**
- 7:00 Circle of Faith/E110

**Friday, October 2**
- 5:00 Wedding Rehearsal
  - Bauer & Hall
- 5:15 Wordly Goods Cooking Class/Kit

**Saturday October 3**
- 3:00 Wedding
  - Katie Bauer & Patrick Hall
- 5:30 Saturday Service
  
**CR-Conference Room**
- FH-Fellowship Hall
- MPR-Multipurpose Room
- HSR-High School Room
- SCR-Staff Conference Room

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**ACOLYTES**

8:30 - Ava Johnson & Dani Pepper
11:00 - Abby Cuva & Gabe Van Haecke

**Coffee Hosts**

**September**

Finance & Church Council

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**Ushers**

8:30
- Gary & Peggy McConnell
- Ryan & Gale Gehling
- Dean & Margy Howarth

11:00
- Steve Hanlin
- Wade & Lauri Hinner Family

**Greeters**

8:30
- Carol Crawford & Joyce Crotty

**Coffee Hosts**

**September**

Finance & Church Council

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**SOUND**

- Doug Hill
- Pete Peterson
- Dean Swyter
- Harold Kilcrease

**VIDEO**

- Marty Sankey
- Harold Kilcrease

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**NURSERY**

26th - Michaela & Hannan
27th - Daniel & Hannah

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Chancel Bells has openings for low octave bell ringers. A mallet can be used to sound the bell if you are unable to lift the heavy bells so they can be rung by women as well as men. A few years ago one of our smallest women successfully rang the low bells with mallets. If you have ever played a music instrument you will find that you can also ring handbells. We would love to have YOU join us! Contact Myrna Cakerice (mcakerice@aol.com) for more information.
WE WELCOME YOU!

Our Welcome Center is located in the gathering space near the elevator. Please stop by if you have questions or would like to get more information about the church. Be sure to mention if you are a first time visitor.

Nursery care is available in Room E203, in the Christian Education Unit, on Saturday nights and Sunday mornings for children under the age of 5. All of our workers are trained and screened. Items for children’s worship bags are available in the gathering area.

Restrooms are located in the east hallways and by the elevator. Ushers are available at the entrances of the sanctuary to assist you with hearing devices, large print bulletins or any questions you may have. An emergency phone and defibrillator are located on the wall near the west entry.

First United Methodist Church
Affirmation of Welcome

As a community of the people of God, we are called to minister to all people of the world, knowing that the world is often an unloving place, a place of alienation and brokenness. Christ calls us to reconciliation and wholeness, and we are challenged by the Gospel to be agents of healing within our society.

We stand in affirmation with the apostle Paul that in Christ “there is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female.” Christ has made us one. We acknowledge that this reconciliation encompasses all within the community of faith who exhibit differences in race, gender and ethnicity, as well as age, culture, physical ability, educational level, economic status, personality, marital status and sexual orientation.

In response to the often hostile social climate with respect to diversity within our society and the resulting feelings of alienation from the Church, we wish to make known our caring and concern. It is for this purpose that we affirm the following:

- all persons share the worth that comes from being unique individuals created by God;
- all persons are welcome within the membership of this congregation upon making affirmation of faith; and that as members of this congregation, all persons are expected and encouraged to share in the sacramental and general life of this congregation.

CHURCH STAFF

Rev. Fred Lewis, Senior Minister/Lead Pastor
Pastor Dave Shogren, Associate/Visitation Pastor
Nicole Smith, Director of Christian Education
Deb Benefield, Director of Office & Communications
Reid Cummer, Business Manager
Myrna Cakerice, Organist/Director of Choirs
Steve Pelz, Custodian
Matt Woodworth, Part-time/Sunday Custodian

Go to our website: www.fumcames.org for the latest church information. Follow us on facebook.

Church office hours:
Mon-Thurs: 8:30 am to 5:00 pm.
Friday 8:30 to 4:30

Contact Reid Cummer for any questions on your financial information....how you can get your monthly Giving ONLINE so it does not have to be printed and sent to you, etc.