



Children's SABBATH

First United Methodist Church
516 Kellogg Ave.
Ames, Iowa 50010
515-232-2750 www.fumcomes.org
8:30 & 11:00
October 8, 2017

THE GATHERING: *This week in our prayers for the world let us remember especially the people of Afghanistan, Kazakhstan, Kyrgyzstan, Mongolia, Tajikistan, Turkmenistan, and Uzbekistan.*

OPENING VOLUNTARIES

8:30

“Simple Gifts”

“Adoration”

“Fragment from an Etude”

“Psalm XVIII”

We welcome guest organist Ruth Negus this morning. Ruth is a high school classmate of Mary Beth Oostenbrug and a college friend of Pastor Fred. Read more about her in the worship bulletin.

11:00

“Make the Sounds of Praise”

Robert J Hughes

“I Would Be True”

arr: Christian Elliott

“Praising!”

Gilbert M. Martin

As this music is offered as prayer, let us be sensitive the Holy Spirit who prepares and opens us to connect with God in Christ today.

GREETING, SHARING NEWS OF THE CHURCH ALIVE

Welcome, members, friends & visitors - please fill in the ritual of friendship pad, pass it to your neighbor, and then return it to its starting place. If you are new and would like more information, please indicate on the friendship pad and also stop at the Welcome Center in the narthex to pick up a Welcome packet.

PASSING OF THE PEACE OF CHRIST

CALL TO WORSHIP

The law of God is perfect.

Reviving the soul.

The decrees of God are right.

Rejoicing the heart.

The commandments of God are clear.

Enlightening our spirits.

The heavens are telling the glory of our God.

Let us proclaim God's handiwork in praise and worship.

HYMN

No. 77

“How Great Thou Art”

OPENING PRAYER

**God of community,
who binds us together in mutual respect and love,**

**we do not seek righteousness or piety,
fancy words or ornate actions,
we humbly and reverently seek to be in deeper relationship
with you.
And to offer our awe and respect as best we know how.
Amen.**

A TIME WITH OUR CHILDREN (8:30)

11:00 PRESENTATION OF THE PRESCHOOL BIBLES

ANTHEM

8:30 “Everywhere I Go” - Kathy Van Pelt and Barb Van Slyke

11:00 “Rise and Shine” - Children from the Sunday school

OLD TESTAMENT LESSON (preaching text)

Exodus 20 the Ten Commandments read by our children

THE GOSPEL

Matthew 21:33-46

WITNESS TO THE WORD

“It’s Not about the Rules, Really” ” Rev. Fred Lewis

WORDS OF WITNESS FOR A CHILDREN’S SABBATH

Read by our youth

Children’s Sabbath has been celebrated for the past 20+ years in our country. It is a weekend, usually in October, that aims to unite religious congregations of all faiths across our nation in focusing attention on our shared concerns for children. On a Children’s Sabbath, it is hoped that all people of faith will be united in a common commitment to improving the lives of children and working for justice on their behalf. The Children’s Defense Fund leadership materials report that there are an estimated 13.3 million children in America living in poverty, nine million lacking health coverage, and thousands of children are at risk of imprisonment in their lives. Today, we gather to pray and hopefully be moved to study, reflection, and action.

PRAYERS OF THE PEOPLE - A Prayer on Children’s Sabbath

With all our heart and with all our mind, let us pray:

For the body of Christ – the Church Universal—that we will follow in the steps of the Prince of Peace and serve with compassion all those who are among the last, the least, the lost, and the littlest ones,

“Lord, make us instruments of your peace.”

For our nation and leaders, that we may seek to unite and not divide, to place a priority on the poor and not the powerful, grant us wisdom, compassion, and commitment to justice and peace:

“Lord, make us instruments of your peace.”

For our world, wounded by war and in which a billion people bear the load of poverty, that we may hear the prophets' call to beat swords into plowshares and work to transform our world from one of weapons and want to one of peace and plenty:

“Lord, make us instruments of your peace.”

For ourselves and our community, when it is easier to be distracted than to demand justice, to feel overwhelmed rather than determined to seek peace, grant us your sense of urgency and persistence as we pursue justice and peace:

“Lord, make us instruments of your peace.”

On this Children's Sabbath day we pray specifically for the children and families suffering from gun violence and the violence of poverty, and for ourselves that we may join with people of all faiths across our nation to make our nation and world safe for children:

“Lord, make us instruments of your peace.” Amen.

THE LORD'S PRAYER

A MOMENT FOR WITNESS ON STEWARDSHIP

OFFERING OF OUR TITHES AND GIFTS

OFFERTORY

(8:30) “Fantasia on Forest Green”

(11:00 “Andante”

Antonio Vivaldi

OFFERTORY RESPONSE

No. 95 “Praise God, from Whom All Blessings Flow”

PRAYER OF DEDICATION

**Loving God,
help us to be good stewards of the gifts that you have
provided us,
and good tenants of the Earth that we call home.
Bless these gifts and givers to your service. Amen.**

DISMISSAL WITH BLESSING (read by children and youth)

Go forth with God,
alive in your soul,
to create good change for God's children
made in the image of God.

Amen!

Go forth with God,
moving in your soul,
to bring hope to everyone in the name
of the One who is the hope of the world.

Amen!

Go forth with God,
acting in your soul,
to work for a better tomorrow,
empowered by the Holy Spirit,
who unites us all together in community.
Amen!

Now may the blessing of God---Creator, Redeemer, and Sustainer---
be with you and every child of God this day and for ever more!
Amen!

HYMN

No. 529

“How Firm a Foundation”

CLOSING VOLUNTARY

(8:30) “Joyful, Joyful We Adore Thee”

(11:00) “Rejoice, Ye Pure in Heart”

arr: Alice Jordan

Let us be aware this musical offering is a statement of faith to send us from worship into service. Please be respectful of those who choose to remain to listen.

LEAVING FOR SERVICE

CHILDREN AND YOUTH READERS:

Aurelia Kruger, Carleigh Evans, Katherine Hawley, Calvin Evans, Savanna Smith, Ainsley Jurgens, Addie Jurgens, Leo Sullivan and Lane Sullivan.

Our Guest Organist today: Ruth (Whittlesey) Negus was born and raised in Sanborn, Iowa, to hard working parents. Her father was a milkman, who with his wife at his side operated the Sanborn Dairy for nearly 30 years. Ruth began her musical journey at age 6 by taking piano lessons from a widowed Reformed Church’s minister’s wife. That teacher taught Ruth hymns from the beginning of Ruth’s instructions. Ruth continued that musical journey by taking organ lessons in Junior High School and playing for church services throughout her High school years.

Ruth studied music (vocal, piano, and organ) at Morningside College, graduating in 1974 as an Elementary Education Music Major and earning a Minor in Music. Ruth taught 3rd and 4th grades in Omaha, Nebraska for 2 ½ years, married in 1976 and moved to Illinois for 18 years, and then eventually back to Omaha in 1998.

Through the years, Ruth has always been involved with music, playing for church services, accompanying soloists and choirs. Most recently she has added playing keyboard with a Praise Band and serving as organist to help all “make a joyful noise and glorify God” with music. Ruth serves at Northwest Hills Church, United Church of Christ in Omaha, NE.

CROP WALK

The Crop Walk is today!

Location: Brookside Park, 1325 6th St.

Ames, IA 50010

Registration: 1:00 p.m. - Walk: 1:30 p.m. - Distance: 3.8 miles

Old School Academy Session 1 is October 8!

The Old School Academy sessions are for our Kindergarten through Fifth grade students for their Sunday school classes on the set dates. Preschool classes will still go to their classrooms and have their regular sessions with their teachers. The academy sessions will be October 8, November 5, March 4, and April 8. These sessions will each have a specific focus of a story or person(s) from the Old Testament. Our first one on October 8 will be based on stories in Exodus. Each academy class will have a different story. You will need to sign your child up for the one they are most interested in. Each class is capped at 12 so be sure to sign up as soon as possible. The link to sign up is now open and can be found at www.fumcameseevents.com at the Events section. Sign up closes Oct 6 at 5:00p.m. On Old School Academy Days, the children will still meet in the sanctuary for music and announcements and will then be divided up into their session groups and sent to their special locations for the sessions.

October 11-Mid Week Special Plans

The Fellowship of Christian Athletes Fields of Faith Event will be held again this year at the Gilbert High School football stadium. Any youth interested in attending can talk to Brooke. The event begins at 6:00 with a free tailgate and then the program starts at 7:00. The featured speakers this year are Allen Lazard, Brian Peavy, David Montgomery, Will Windham, and Ethan Staskewicz. Also on October 11, we will take a break from our Adam Hamilton Moses study and study Moses in a different way. We will kick back "Old School" style and watch the animated film from 1998 (I told you it was 'Old School') Prince of Egypt. We will have pizza and popcorn that night. The movie will start at 6:00. It is one hour and forty minutes long so plan to be here for about 10 minutes longer than usual. Kids are invited to wear their pajamas and bring a blanket. We will watch it in the multipurpose room which can sometimes get rather cool so all can bring a blanket if you'd like.

Confirmation Faith Visits: This year the faith visits will be different because we will be visiting only religious assemblies (with exception of Burns UMC) that are not part of the Christian faith. We will visit Temple B'nai Jeshurun, Des Moines, IA (October 27, 2017)

New LIFE Groups are starting soon!

We have multiple opportunities for new LIFE groups!

-Fredrick Killian will begin a new LIFE group soon. The group is open to anyone who wants to take part, although some of the studies and discussion will focus on families with teens. The first study planned is "Restored: Finding Redemption in Our Mess" by Tom Berlin. The group will meet either Thursday or Sunday evenings. Official time and frequency of meetings will be determined once the group gets going.

-Connie Tilroe will begin a new LIFE group on Nov. 1 from 6:30-7:30. The group will meet the first and third Wednesdays in the fireside parlor for a discussion over The Upper Room devotionals.

-We have also had lots of interest in a group of parents with young children. We don't have anything officially put together for it yet, but we'd love to have those interested sign up so we can start to plan some things for you!

Please sign up on the form at the Welcome Center or in Coffee Hour if you are interested and Fredrick, Connie, or Nicole will be in contact with you.

MENTAL AWARENESS WEEK AND WORLD MENTAL HEALTH DAY

October 1-7 has been the annual weeklong observance of Mental Illness Awareness and October 10 has been set aside to observe World Mental Health Day by the World Health Organization. The overall objective is to raise awareness of mental health issues around the world, mobilizing efforts in support of mental health. This day provides an opportunity for all stakeholders working in the mental health field to talk about their work and the issues faced, inspiring others to do more in making mental health care a reality for all people worldwide. Here at FUMC let's realize that no one should feel marginalized due to mental health issues and diagnosis. Let us join together with others in our community to educate, advocate and support persons with mental illness and their families. To learn and do more, you are encouraged to support NAMI (National Alliance on Mental Illness) of Central Iowa (515-282-9400).

Trunk or Treat

October 25 will be our Trunk or Treat night this year. All are invited to wear costumes that evening. We will plan to have a Halloween themed meal (a sign up genius will go out two weeks prior) beginning at 6:00. At 6:30, we will invite the children to head out to the south parking lot where we hope to have lots of adults (and high school youth with vehicles too!) have their trunks decorated and ready to hand out treats as the children go from trunk to trunk. After the trunk or treating, all are invited to head back inside where the middle and high school youth will have games set up for the kids to play. This is always a fun evening AND it's open to ALL so bring your friends and neighbors!

Boy Scout Troop 160 Spaghetti Dinner

Come one, come all to Troop 160's Spaghetti Dinner! On October 29th from 11:30 to 1:00, we will be having spaghetti with sauce, meatballs, bread rolls, salad, and a combination of drinks. Gluten free options will be available. There will be a free will donation box at the door. We appreciate the support you have given us in the past, and we hope that you continue to support us in the future.



Wednesday Night Meals

After some discussion with both adults and kids, we have heard that some are getting sick of pizza every week. So, we have come up with a meal plan that parents are helping out with. Here is the schedule for October through December. If you are interested in helping with a meal at anytime, please contact Nicole or Brooke! We can always use help with clean up too. If you come for choir and would like to help out before chancel choir starts, we could always use a little extra help with clean up. Let Nicole know if you'd be willing to help out our midweek ministries in this way.

October	4-soups & Sand-wiches	11-pizza	18-Pasta Bar	25-Halloween theme	
Nov.	1-Super Nachos/ Taco Salad	8-Pancakes breakfast	15-Thanks-giving meal	22-Off	29-Pasta Bar
Dec.	6-Pizza	13-Soup & Sand-wiches	20-Finger foods		

Community Supper Honoring Veterans and Their Families

As part of the ISU mission to support military students the Veterans Center would like to invite members of the community to a free dinner in honor of those who serve and sacrifice. The event is open to the public and aims to bring together students, faculty, staff, administrators, and community members in honor of the service and sacrifice of Veterans and family members. **The 2017 Community Supper will be held on November 8, 2017 from 5:00pm to 7:00pm in the Great Hall of the Memorial Union. RSVP by phone 515 294 9801 or <https://www.veterans.iastate.edu/events/community-supper>**

HOLIDAY FAIR

Planning for Holiday Fair 2017 is well underway. This year the fair will be held on Saturday, November 4. Hours are 8am-2pm. Start your day with the morning coffee from 8am – 10:30am. Noodles and tea rings will once again be available after a hiatus last year. A lunch of pulled pork, choice of a side, chips, dessert and beverage will be offered for \$8 (\$4.00 for children 12 and under). A vegetarian option will also be available upon request. Please keep Grandma's Attic and Kitchen Corner in mind if you are cleaning or downsizing. Made with Love has become very popular for homemade items. As always, the Quilters are busy working on beautiful quilts for the Fair. New this year, we will have a Seasonal Room for decorations and décor (in good condition) for any special occasion throughout the year. Please consider donating items and time to make the Fair a success! Remember, funds from this event support many church and local programs as well as national and international causes.

For questions, contact any of the following co-chairs.

Carolyn Yorgensen, (292-5648) Donna Banker, (515-419-4966) Joan Peterson, (515-451-3011) Margaret Torrie (515-231-9111) and Joyce Schafbuch (319-331-7025)

Grandma's Attic

We are looking for donations for Grandma's Attic. We especially need antiques and collectibles. We have also had jewelry, linens, tchotchkes, furs, serving dishes, small furniture (limited space), etc. donated. If you want to set a price for an item or collection, please include that in your box along with your name and phone #, especially if you want to pick it up if it does not sell. Please call if you have questions about a donation.

If you are not sure which room something goes in, bring it to us and we will decide where it fits best.

You may drop off your donations to any of our rooms starting Wed. Nov. 1st. We will have a set-up crew on Thurs./Fri. Grandma's Attic is located in the lower back hall, room 110. Mary Mekemson 451-3151.

BAKE SHOPPE NEWS!

It's time to get out recipes, gather ingredients, tie on aprons and warm up the ovens! Holiday Fair is coming November 4th and the Bake Shoppe will be bigger and better than ever with **YOUR** help!

We need lots of tasty treats to stock our Bake Shoppe - cakes, cookies, rolls, pies, bars, muffins, candy, other specialties - we'll have people waiting to buy your donations!

All items should be visible, please don't wrap in foil. **IF YOU INCLUDE NUTS OR PEANUT BUTTER, PLEASE LABEL TO INDICATE THAT.**

Please bring items to the Bake Shoppe (upstairs in the West Youth Room) on Friday or early Saturday morning so they can be priced and arranged. Candy will be weighed and priced. Baked goods will be priced depending on size, ingredients and decorations.

Any questions: call Carol Miller (515-233-5516)

THANKS FOR HELPING MAKE OUR HOLIDAY FAIR BAKE SHOPPE A HUGE SUCCESS!

Kitchen Corner (basement room #105)

The "Kitchen Corner" will be taking donations of clean, good quality kitchen items for sale at FUMC Holiday Fair Nov. 4, 2017. We need linens, dishes, table and glassware, aprons, pots, pans, coffee & tea pots etc. Please mark your items for "Kitchen Corner" and deliver to the church by Wed. Nov. 1. Contact Margaret Torrie mtorrie@iastate.edu (515) 231-9111 with questions and offers to help.

Made with Love

Our "Made with Love" room will be showcased in the Conference Room near the south entrance and will include handmade and functional handmade items such as purses, scarves, table runners, aprons and some jewelry.

NOODLE TIME!

It is soon time to get the rolling pins out. No experience is necessary for this job! We could really use your help to make as many noodles as possible. The dates are Oct. 10 & 11, Oct. 17 & 18, and Oct. 24 & 25. We roll out and cut the noodles in the main kitchen on Tuesdays, beginning about 7:30 a.m. and then bag the noodles beginning about 8:00 a.m. on Wednesdays. Hope to see you there!

**The Week at a Glance
October 8 – October 15**

Sunday, October 8

8:30 & 11:00 Services

Children's Sabbath

9:45 Sunday School for all ages

11:00 Pre School Bibles

1:00 Registration - Ames Crop Walk

Monday, October 9

Tuesday, October 10

Noodles

Quilters

2-7 Farm to Folk/FH

5:30 Member Care

7:00-10:00 DMOGG/Sanc&MPR

Wednesday, October 11

Noodles

4:30 Confirmation

5:30 Nominations/SCR

6:00 PPP

6:30 Wed Classes

Thursday, October 12

7:00 Tea Rings

1:00 Sarah Circle - in gathering/MPR

Friday, October 13

5:00 Wedding Rehearsal - Rathe/White

Saturday October 14

Prayer Shawls

4:00 Wedding - Rathe/White

5:30 SAF/Chapel

CR-Conference Room

FH-Fellowship Hall

LIB - Library

MPR-Multipurpose Room

MSR-Middle School Room

HSR-High School Room

SCR-Staff Conference Room

Par - Parlor

ACOLYTES

8:30

TBA

11:00

Jenna Johnson

Emmett Van Haeke

SOUND

Doug Hill

Pete Peterson

Dean Swyter

Fredrick Killian

Mike Evans

Calvin Evans

GREETERS

8:30

Delores Ball

11:00

Glendora Clark

NURSERY

Meredith

Clove

VIDEO

Marty Sankey

Larry Vallery

Mike Evans

USHERS

8:30 & 11:00

Youth & Families

UTILITIES

Lance & Vicki Crawford

Glendora Clark

Reminder:

No Chancel Bells or Chancel Choir October 11.

To view go to <https://www.youtube.com/channel/UCIttXqFq7LbMZiAYObRZqbQ/live>

or go to youtube.com and search for Ames First United Methodist Church channel. You can also find archived services at the church's channel.



Thanks to everyone for the visits, food, cards, memorials and just being there during Jerry's illness and passing. Thanks to Pastors Fred and Cephas for their visits. We really did appreciate Pastor Fred taking part in the funeral in Hubbard. Thanks to the ladies of the church who helped in kitchen. Everything is greatly appreciated.

Ruth DeBoer
and family



THE JOY OF BELONGING

Would you like to learn more about Ames First UMC and join with us as a church member? We make it fairly simple for folks. Visit with Pastor Fred about it. He will be holding a get-together at 10 a.m. on Sunday, October 15 in the church's fireside parlor, located just off of the sanctuary. Another gathering will be held on November 19 for those who can't attend the one in October. You can also contact Pastor Fred if you want to visit with him at his office or at your home whenever it is convenient.

CHOIR NOTES...Chancel Choir ALWAYS welcomes NEW members. We have music, a robe, and a comfortable chair with a grand view reserved for you. Watching one of the recent services on Facebook found our oldest and youngest choir members sitting together which proves that music speaks to all ages from high school to mature adult. Join us: young, mature, and all in-between!

Chancel Bells will be participating in the 2017 Mid-Iowa Fall Handbell Festival with clinician Brian Childers Saturday 21 at the Memorial Lutheran Church in Nevada, Iowa. The massed ringing will end with a 3:00 a.m. public performance.

WELCOME VISITORS

The Welcoming and Marketing Committee at First United Methodist Church would like to thank you for visiting our church. We take pride in our beautiful church and hope you had a pleasant and welcoming experience. To thank you for visiting our church, we would like to give you a small gift to show our appreciation for attending one of our services. Please stop by the Welcome Center located behind the sanctuary and to the left of the open stairway before or after service on Sunday morning. We hope you will join us again!

WE WELCOME YOU!

Our Welcome Center is located in the gathering space near the elevator. Please stop by if you have questions or would like to get more information about the church. Be sure to mention if you are a first time visitor.

Nursery care is available in Room E203, in the Christian Education Unit, on Saturday nights and Sunday mornings for children under the age of 5. All of our workers are trained and screened. Items for children's worship bags are available in the gathering area.

Restrooms are located in the east hallways and by the elevator. Ushers are available at the entrances of the sanctuary to assist you with hearing devices, large print bulletins or any questions you may have. An emergency phone and defibrillator are located on the wall near the west entry.

First United Methodist Church Affirmation of Welcome

As a community of the people of God, we are called to minister to all people of the world, knowing that the world is often an unloving place of alienation and brokenness. Christ calls us to reconciliation and wholeness, as we are challenged by the Gospel to be agents of healing within our society.

We stand in affirmation with the apostle Paul that in Christ "there is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female." Christ has made us one. We acknowledge that this reconciliation encompasses all within the community of faith who exhibit any and all differences in the human condition including, but not limited to: race, gender, ethnicity, age, culture, physical and mental ability, educational level, economic status, personality, marital status, sexual orientation and gender identity in response to the often hostile social climate with respect to diversity within our society and the resulting feelings of alienation from the Church, we wish to make known our caring and concern. It is for this purpose that we affirm the following:

- all persons share the sacred worth that comes from being unique individuals created by God;
- all persons are welcome within the membership of this congregation upon making affirmation of faith; and that as members of this congregation, all persons are invited and encouraged to share in the sacramental and general life of this congregation.

CHURCH STAFF

Rev. Fred Lewis, Senior Minister/Lead Pastor

Rev. Cephias Davis, Associate Pastor

Nicole Smith, Director of Christian Education

Brooke Kruger, Youth Director

Deb Benefield, Director of Office & Communications

Reid Cummer, Business Manager

Myrna Cakerice, Organist/Director of Choirs

Steve Pelz, Facility Director

Matt Woodworth, Part-time/Sunday Custodian

Go to our website: www.fumcomes.org for the latest church information. Follow us on facebook.

Church office hours:
Mon-Thurs: 8:30 am to 5:00 pm.
Friday 8:30 to 4:30