



First United Methodist Church
516 Kellogg Ave.
Ames, Iowa 50010
515-232-2750
www.fumcomes.org
9:30 July 16, 2017

THE GATHERING: *This week in our prayers for the world let us remember especially the people of Costa Rica, El Salvador, Nicaragua, and Panama.*

OPENING VOLUNTARIES

“Holy Spirit, Light Our Darkness”

Robert J. Powell

“Holy Spirit, Faithful Guide”

arr: Roger C. Wilson

“Sing Praise to God”

arr: Edward Broughton

As this music is offered as prayer, let us be sensitive to the Holy Spirit who prepares and opens us to connect with God in Christ today.

GREETING, SHARING NEWS OF THE CHURCH ALIVE

Welcome, members, friends & visitors - please fill in the ritual of friendship pad, pass it to your neighbor, and then return it to its starting place. If you are new and would like more information, please indicate on the friendship pad and also stop at the Welcome Center in the narthex to pick up a Welcome packet.

PASSING OF THE PEACE OF CHRIST

CALL TO WORSHIP

How shall we come to worship today?

Shall we come in our Sunday best with our manners in tow?

Shall we come all buttoned up and tight-lipped with the “truth?”

Shall we come with our game-face on, primed to put on a great show?

Shall we come prim and pressed with no hair out of place?

We come just as we are!

We come searching for an authentic relationship with God.

Come and worship God. Amen.

HYMN

No. 539

“O Spirit of the Living God”

OPENING PRAYER

**Holy One, as we gather for worship this day,
may we come united in your love.**

May we seek wholeness in your Spirit.

May we find peace in your presence.

May we absorb the kindness found in our neighbors.

May we come ready for being with you, O God of grace and glory. Amen.

A TIME WITH OUR CHILDREN

ANTHEM

“Great is the Lord”

arr: Stan Pethel

Instrumental Duet: Joyce and Mariah Crotty

SCRIPTURE LESSON

Romans 8:1-11

WITNESS TO THE WORD “The Christian Life, Listen to the Spirit”
Rev. Cephas Davis

RESPONSE TO THE WORD

No. 393

“Spirit of the Living God”

PRAYERS OF THE PEOPLE

The Lord be with you.

And also with you!

Let us pray:

O God of amazing grace and miraculous power, we are a secular people in a secular world. Our prayer is like that of one who said so many years ago, “I believe; help my unbelief.” We have difficulty believing the wonders and miracles of scripture, but even more difficulty trusting your ability to work through us today. Be gentle with us, O God, in our slowness to believe; increase our faith, and make us alive through your Spirit of hope and power. Amen.

THE LORD’S PRAYER

OFFERING OF OUR TITHES AND GIFTS

OFFERTORY

“Where All is Peace”

arr: Dr. Kimo Smith

OFFERTORY RESPONSE

No. 95 “Praise God, from Whom All Blessings Flow”

PRAYER OF DEDICATION

We are grateful that you love us as we are and in spite of our imperfections. We will seek to live in genuine affection and unity with one another. We dedicate ourselves to being real expressions of your love and grace in this world. Amen.

DISMISSAL WITH BLESSING

CLOSING VOLUNTARY

Postlude on "Deo Gracious"

Arr: Edward Broughton

Let us be aware this musical offering is a statement of faith to send us from worship into service. Please be respectful of those who choose to remain to listen.

ASP Fundraiser at Perkins

Look for the green coupons around church, and take one every time you go to Perkins July 1-24. When you give your server a coupon, Perkins will give 10% of your total bill to ASP. Please share coupons with everyone you know who goes to Perkins. We appreciate your support!

DISCIPLESHIP MINISTRIES

Pastor Cephas will be offering a one hour seminar on Sunday, July 23rd after service from 11:00-12:00. as part of the discipleship ministries.

Topic: UMC 101, Understanding the United Methodist Church.

This is something that we hope to offer quarterly.

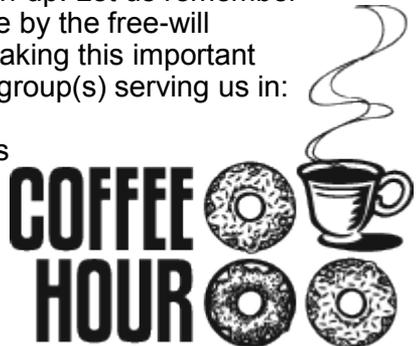
COFFEE TALK - COME JOIN US!!!

July 16th - Not a Fan
Last session! Come join us!
Chad & Carrie Copley

FELLOWSHIP HOUR CONNECTS

FUMC'S Fellowship hour helps to connect us **after** worship on Sunday throughout the summer. We THANK the many who volunteer to set up and to those who clean-up. Let us remember that our Fellowship Time is made possible by the free-will offerings that we collect. Thank you for making this important ministry of "connections" to happen. The group(s) serving us in:

July: Chancel & Handbell Choir members
August: United Methodist Men



Take Me Out To the Ballgame!

We are planning a fun family outing to the I-Cubs game on Sunday, July 23. Game starts at 1:08. We can caravan down after worship service or meet up there. If you want to caravan, wear your baseball game clothes to church that day! We have 30 general admission tickets for \$3 each. If

you'd like to purchase one of those in advance, please contact Nicole. Otherwise, you can get general admission tickets at the door for \$8. We can plan to sit together and enjoy some ballpark hotdogs and sodas for lunch at the game! Join us for a fun afternoon at the ball game!!



ROMANS 8:16

KIDS ON A MISSION

Kids on a Mission, a group of young people from the community ranging in age from kindergarten through high school, will meet at FUMC July 25-27 from 9am-noon for a time to come up with wonderful ways to help others. Some from the group met at the end of April and brainstormed some ideas to get a jump start on things. Their focus once again will be children in poverty with a strong focus on education as well as helping refugees. To register, please go to www.fumcameseevents.com and click on the

Register link (there is no cost but the option to donate to the group is present at registration).

SOUND ASSISTANCE AND VIDEO HELP NEEDED!

This is an extremely important part of our worship team! We are looking for assistance with the sound system during our worship services. Sound assistance is also used for funerals and weddings. Plus, we also need volunteers to sit up in the balcony booth to run the computer for the visuals on the screens.

Please contact Marty Sankey (computer screen for worship at (515-291-9120) or Pete Peterson (sound system) at 515-337-1230 for further information. We would like to have a whole crew trained (teens through seniors, men or women) all are welcome. Once there are several people that are trained, an easier schedule can be developed for the future!

We Need Your Help!

Do you love helping others and spreading the word of God to a younger generation? Then we have a job for you! For the 2017-2018 school year, we have positions for leaders in pre-school, as well as in children's Sunday school for grades kindergarten through 5th as rotation teachers (teach a pre-planned lesson for 3-4 weeks) or as a guardian angel (stay with the class as they rotate, monitor, participate with the children and assist as needed), teachers and assistants for 6th-8th grade and assistants for high school age. We are also in need of volunteers to assist teachers on Wednesday nights for Little Kid's Club (Kindergarten - 2nd grade) and Big Kid's Club (3rd-5th grade), Middle School and High School ages. We appreciate any time you are able to give to serve the church and its children. We have a GROWING number of children and youth at our church and we need more adults to help in leading this amazing group of kids!! Please contact Nicole Smith, Director of Christian Education, if you are interested! nicole@fumcames.org or 515-232-2750. **THANK YOU** for considering being a part of the faith journey for our children and youth!!



Be a Teacher

Calling all Knitters and Crocheters!!!!

In preparation for the National Christian Educators Conference held in Des Moines in 2018, local churches are making Cross Pocket Prayer Squares to give to attendees of the meeting. These squares are quick and easy to make. The pattern can be picked up at the church office or contact Nicole to have her email it to you. nicole@fumcames.org.

UMM NEWS

The Methodist Men received 4 packaged deals for Big Band dances on Sunday evenings this summer from Don Snyder. There are only 2 dates still available!! Each dance has 6 tickets in which their table is on the dance floor. These are being offered as auction items for our annual FUN(D) event. Anyone interested in offering a minimum bid of \$100.00 for an evening of dancing and/or musical entertainment, may contact Dean Sampson at dean.8843@gmail.com or (515) 509-7932.

Sentimental Swing
Austin Big Band.

6:00pm. August 13
6:00pm. September 10

A RITE OF HEALING WILL BE HELD DURING THE JULY 23 WORSHIP SERVICE

Pastor Cephas and our Stephen Ministers will lead a rite (time) of healing during our Sunday morning worship service on July 23 at 9:30. The holy scriptures strongly affirm ministries of spiritual healing. Such rites of healing have been held here in the past but often on a Sunday afternoon or evening. The root of the word "healing" is the same for the words "salvation" and "wholeness". Spiritual healing is God's work of offering persons balance, harmony, and wholeness of body, mind, spirit, and relationships through confession, forgiveness, and reconciliation. Jesus healed the estranged and sick and sent his disciples out on ministries of healing. James (5:14-16a) calls us to also pray and anoint the sick, that they may be healed.

All healing is of God. The Church's healing ministry in no way distracts from the gifts of God through medicine and psychotherapy. It is no substitute for either medicine or the proper care of one's health. Rather, it adds to our total resources for wholeness.

Healing is not magic, but underlying it is the mystery of God's love. Those who minister spiritual healing are channels of God's love. No one can predict what will happen in a given instance, but many marvelous healings have taken place.

God does not promise that we shall be spared suffering but does promise to be with us in our suffering. Likewise, God does not promise that we will be cured of all illnesses; and we must face the inevitability of death. A service of healing is not a service of curing but it provides the atmosphere in which healing can happen. The greatest healing of all is the reunion or reconciliation of a human being with God. When this happens, physical healing sometimes occurs, mental and emotional balance is often restored, spiritual health is enhanced, and relationships are healed. For the Christian the basic purpose of spiritual healing is to renew and strengthen one's relationship with the living Christ.



Visitors

The Welcoming and Marketing Committee at First United Methodist Church would like to thank you for visiting our church. We take pride in our beautiful church and hope you had a pleasant and welcoming experience. To thank you for visiting our church, we would like to give you a small gift to show our appreciation for attending one of our services. Please stop by the Welcome Center located behind the sanctuary and to the left of the open stairway before or after service on **Sunday** morning. We hope you will join us again!

**The Week at a Glance
July 16 – July 22**

Sunday, July 16

Monday, July 17

Tuesday, July 18

Quilters

2-7 Farm to Folk

3:30 Aktion Club

4:30-6:00 Fit Club/E110

Wednesday, July 19

4-5 AIRA/MPR

Thursday, July 20

Kiwanis board meeting

Kiwanis meeting

Friday, July 21

Overnight church group arrives

Saturday July 22

Church group departs

5:30 SAF Worship

CR-Conference Room

FH-Fellowship Hall

LIB - Library

MPR-Multipurpose Room

MSR-Middle School Room

HSR-High School Room

SCR-Staff Conference Room

Par - Parlor

UTILITIES

William & Jane Edwards

Roy Cakerice

Becky Jordan

Robert Allen

ACOLYTES

TBA

SOUND

Doug Hill

Pete Peterson

Dean Swyter

Fredrick Killian

Mike Evans

Calvin Evans

GREETERS

Bob & Zella Studer

NURSERY

Eryn

Meredith

Clove

VIDEO

Marty Sankey

Larry Vallery

Mike Evans

USHERS

Mary Mekemson

Steve Hanlin

Carol and Arlen Patrick

Gayle and Lee Huey



WEEK OF RENEWAL FOR PASTOR FRED IN JULY

Pastor Fred will be away from July 14-27 attending the biennial convocation of The Fellowship of United Methodists in Music and Worship Arts (FUMMWA) that is being held in Little Rock, Arkansas. The event's theme is "Awaken!" The conference will feature many notable preachers, teachers, church musicians, and worship artists from a variety of artistic expressions and disciplines. Pastor Fred is a past Iowa chapter, north-central jurisdiction, and national president of this organization. Pastor Cephas will be on call here at the church while Fred is away.

WE WELCOME YOU!

Our Welcome Center is located in the gathering space near the elevator. Please stop by if you have questions or would like to get more information about the church. Be sure to mention if you are a first time visitor.

Nursery care is available in Room E203, in the Christian Education Unit, on Saturday nights and Sunday mornings for children under the age of 5. All of our workers are trained and screened. Items for children's worship bags are available in the gathering area.

Restrooms are located in the east hallways and by the elevator. Ushers are available at the entrances of the sanctuary to assist you with hearing devices, large print bulletins or any questions you may have. An emergency phone and defibrillator are located on the wall near the west entry.

First United Methodist Church Affirmation of Welcome

As a community of the people of God, we are called to minister to all people of the world, knowing that the world is often an unloving place of alienation and brokenness. Christ calls us to reconciliation and wholeness, as we are challenged by the Gospel to be agents of healing within our society.

We stand in affirmation with the apostle Paul that in Christ "there is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female." Christ has made us one. We acknowledge that this reconciliation encompasses all within the community of faith who exhibit any and all differences in the human condition including, but not limited to: race, gender, ethnicity, age, culture, physical and mental ability, educational level, economic status, personality, marital status, sexual orientation and gender identity in response to the often hostile social climate with respect to diversity within our society and the resulting feelings of alienation from the Church, we wish to make known our caring and concern. It is for this purpose that we affirm the following:

- all persons share the sacred worth that comes from being unique individuals created by God;
- all persons are welcome within the membership of this congregation upon making affirmation of faith; and that as members of this congregation, all persons are invited and encouraged to share in the sacramental and general life of this congregation.

CHURCH STAFF

Rev. Fred Lewis, Senior Minister/Lead Pastor

Rev. Cephas Davis, Associate Pastor

Nicole Smith, Director of Christian Education

Brooke Kruger, Youth Director

Deb Benefield, Director of Office & Communications

Reid Cummer, Business Manager

Myrna Cakerice, Organist/Director of Choirs

Steve Pelz, Building Manager

Matt Woodworth, Part-time/Sunday Custodian

Go to our website: www.fumcames.org for the latest church information. Follow us on facebook.

Church office hours:
Mon-Thurs: 8:30 am to 5:00 pm.
Friday 8:30 to 4:30

**AS ALWAYS FOR MORE INFORMATION ON ANY OF THE CHURCH
HAPPENINGS, PLEASE CHECK THE WEBSITE:
WWW.FUMCAMES.ORG**